

SCRUTINY COMMISSION FOR HEALTH ISSUES	Agenda Item No. 10
17 JANUARY 2011	Public Report

Report of the Executive Director of Adult Social Services

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DAY SERVICES REVIEW

1. PURPOSE

1.1 This report briefs members on a proposed review of day services for older people.

2. RECOMMENDATIONS

2.1 That the Scrutiny Commission endorses the principles to be used in reviewing day care services and receives a further report setting out proposals, timescales and consultation arrangements in March 2011.

3. LINKS TO THE SUSTAINABLE COMMUNITY STRATEGY

3.1 This report relates to the support and safeguarding of vulnerable older people in Peterborough.

4. BACKGROUND

4.1 Peterborough has four day centres for older people managed by Peterborough Community Services (PCS), the PCT's provider arm. These centres provide services to people who meet the eligibility criteria for adult social care. The voluntary sector provides other day care services in the city, some of which are open access. The in-house day services are as follows:

Table 1 – figures provided by PCS

Day Centre	Week Days	Places Available	Weekends	Places Available	Places Available Per Week	Places Taken Per Week over a 13 week period	Average Places Taken Per Week
Copelands	Mon & Wed 9 - 5	15	~	~	30	209/390	16
Greenwood House (co-located with home)	Mon – Fri 9 - 5	18	~	~	90	439/1170	33
The Cresset	Mon – Fri 9 - 5	28	Saturday & Sunday	15	170	1063/2210	81
Welland House (co-located with home)	Mon – Fri 9 - 5	24	Saturday & Sunday	15	150	994/1950	76
Total number					535	3392/6955	258

- 4.2 The figures above show that vacancy levels within these day centres are low and, consequently, the unit cost of these services is high. These vacancy levels are apparent even after the closure of the Fleet Day Centre earlier this year (where individuals moved to other day centres in friendship groups).
- 4.3 Within the City Council's budget proposals, a review of day centres is suggested. This is based on:
- The need to modernise day centre provision and ensure it can meet the needs of future generations.
 - The need to ensure a greater choice and flexibility of services so that people can buy the services they wish with their personal budgets.
 - The need to ensure sufficient services for people with dementia in the future.
 - The need to ensure that all services are cost effective and that savings are made where this is not the case.
 - The view in the government's new vision for adult social care which indicates that councils/PCTs should not, unless in exceptional circumstances, directly provide services such as day care themselves.
- 4.4 As part of this modernisation, and the "Living My Life" programme, day services provision will need to broaden its priorities to skilling individuals to manage to the best of their abilities and promoting access to health and social care and healthy choices, as well as providing meaningful leisure and social activities. It will also be important to provide opportunities for people to have the access they need 365 days of the year, at times flexible to their and their carers' needs. The support must be tailored in such a way to enable choice, both around what the support is and where it is delivered. For example, people may wish to use personal budgets to attend a regular keep fit class, eat out at a restaurant or luncheon club, attend art or dance classes in a local village hall. This model will empower individuals to be creative in identifying what they need and how their needs may be met.
- 4.5 The proposals for day services will be developed within the principles set out in the national vision for adult social care and our local personalisation programme "Living my Life". This sets out that we believe everyone should be able to:
- Live as independently as possible.
 - Make their own choices to achieve their personal goals and aspirations.
 - Take appropriate risks.
 - Live their lives free from abuse and neglect.
 - Maximise their health and well-being.

5. KEY ISSUES

We have used the following principles to generate the overall budget and service plans for adult social care and the day services review will be set within this framework:

- 5.1 Early intervention and prevention – in order to reduce cost pressures, we will do all we can to prevent people needing our services in the first place. We will continue to invest in services to enable people to continue living independently in their own homes.
- 5.2 Re-ablement – these are very intensive services which last for around six weeks and help people get 'back on their feet' after a fall or illness. We are investing in this area as part of the overall budget proposals.
- 5.3 Personalised services – if people do need ongoing social care services, we will ensure that we allocate funding in a fair and clear way by allocating personal budgets. Individuals will then have choice and control over the services they receive – a personalised approach.
- 5.4 In carrying out this review and work programme we will, therefore, need to:

- Use the above principles to guide the work particularly in relation to effective prevention and personalised services.
- Develop proposals that take account of the fact that everyone eligible for social care services will, in future, have their own personal budget (currently around a third of service users have them).
- Consult with people who use existing services and their families.
- Consider the quality and cost issues of the various different kinds of day services.
- Talk to voluntary and community sector providers of day services to identify any future opportunities and/or impacts on their services.
- Use best practice from elsewhere to plan changes.
- Manage any changes well and ensure that communication is clear.
- Be aware of a similar review process which will need to take place in relation to learning disability day services.

6. IMPLICATIONS

6.1 Depending on the options identified, there are likely to be:

- Financial implications (the Councils' budget proposals set out a target of at least £100k saving from this review).
- Human resources implications (potential changes for staff).
- Service implications (changes for some or all service users and their carers).
- Equality implications (an impact assessment will be drawn up during the development of proposals).
- Quality implications (we are aiming to achieve quality improvement and greater choice and flexibility).

7. CONSULTATION

7.1 At this stage, we are planning to consult on proposals by April 2011. As a general principle, it is expected that any consultation will begin no later than three months before the commencement of any service change. This paper provides the Scrutiny Commission and others with an early outline of the proposed review and an opportunity to comment, at the outset, on the principles behind it.

8. NEXT STEPS

8.1 Work is underway to consider options and develop proposals. A timeline for consultation and proposed changes will be developed and any consultation will then commence as above.

9. BACKGROUND DOCUMENTS

Used to prepare this report, in accordance with the Local Government (Access to Information) Act 1985

Vision for Adult Social Care: Capable Communities and Active Citizens and its consultation on Transparency in outcomes: a framework for adult social care (2010)

Medium Term Financial Plan – Proposals Document from Cabinet (2010)

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